



## ***Starters/Sharers***

**Sweet potato fries - 3.75**

**Salt & Pepper Squid - 5.25**

**Hummus, tzatziki & homemade flat bread - 6.00**

**Nachos (v) - 8.25**

*mature English cheddar, chilli beans, guacamole, tomato relish & sour cream*

**Chicken & Chorizo Nachos - 9.25**

*mature English cheddar, chicken, chorizo chilli beans, guacamole, tomato relish & sour cream*

## ***Salads***

**Cobb salad - 9.75**

*chicken, bacon, avocado, tomato, little gem, soft boiled egg & ranch dressing*

**Goat's cheese salad (v) - 9.25**

*roasted Mediterranean vegetables, bulgar wheat, baby leaf salad & herb oil*

**Spicy lamb kofta salad - 9.75**

*grilled kofta, bulgar wheat, lemon, parsley, mint, baby leaf salad & tzatziki*

**Roast salmon salad - (GF) 9.75**

*roast salmon, mouli, peppers, spring onion, coriander, tomato, red pepper & chilli salsa*

## ***Homemade Flatbread*** - served with rainbow-slaw

**Grilled chicken flatbread, tomato relish, avocado, sour cream - 7.50**

**Grilled mushroom flatbread, smoked applewood cheddar, wilted spinach, sour cream & tomato (v) - 7.50**

## ***Hot Diggity Dog***

**Beef dog, onions, rainbow-slaw, ketchup, American mustard & French fries - 7.75**

## Mel's Burgers, made for you, by us

Served in a seeded bun with French fries. Our beef burgers are all Scotch Angus.  
**Double Up** on any burger for 3.50. **No Jacket Required?** – swap it for a side salad

### New Boyz – 11.75

jerk chicken breast, mango, lime & coriander salsa

### Sting – 11.75

beef burger, pastrami, American cheese & gherkins

### Spice Up Your Life – 11.75

beef burger, chorizo, jalapenos

### Big Country – 10.75

beef burger with farmhouse cheddar

### XTC – 11.75

beef burger, smoked applewood cheese, avocado & bacon

### Nacho Nacho Man – 11.75

chicken breast, nacho cheese stack, salsa, guacamole & sour cream

### Georgios Kyriakos – 11.75

spiced lamb burger with halloumi & tzatziki

### The Smiths (v) – 10.25

homemade vegetable burger & farmhouse cheddar

### Nana Mouskouri (v) – 8.75

halloumi, aubergine, courgette & red pepper, pesto

### Moby – 8.75

homemade cod fish finger & tartare sauce

### Mel's Kedgerree 8.75

Smoked haddock served on a risotto cake, spinach, mild curry sauce  
& a poached egg on top

### Mel's Vedgerree (v) 8.25

risotto cake, mild curry sauce, spinach, poached egg & Portobello mushroom

## Sides 2.75

French fries, hand cut chips, sweet potato fries, onion rings, rainbow-slaw,  
homemade baked beans, broccoli, Mel's house salad

## We're the Kids £6

Mel's mini beef burger, fries & Heinz baked beans

Homemade chicken goujons, fries & Heinz baked beans

Homemade fish fingers, fries & Heinz baked beans

Penne pasta in tomato sauce

All served with a juice & ice cream

## Sweet Things

Any Coffee & Goopy Gluten Free Chocolate Cake Taster – 4.00

Mel's Oreo Cheesecake – 5.75

Banana & Chocolate Pancake Stax – 6.25

Vanilla Ice Cream & Maple Syrup Pancake Stax – 6.25

Goopy Gluten Free Chocolate Cake, Vanilla Ice Cream – 5.25

Sticky Toffee Pudding, Ice Cream – 5.25

Selection of Jude's Ice Cream – 4.25

## 'Fabulous 5'

5 cocktails at £5.00,

from 5.00pm,

Fridays

Check out the cocktail list for  
full blown details.

## Mel's Lunch Box £6

Eat In or Take Out  
12pm 'til 3pm midweek

choose 2 from these 3:

Today's soup (v)

Homemade flatbread  
with chicken & avocado  
OR grilled mushrooms (v)

Mel's fresh salad bowl (v)

## 2 for 1 Burgers

Sunday to Wednesday, from 5pm 'til late